

OPEN SKIEZ OUTDOOR LEADERSHIP PROGRAM – Tirthan



Tirthan Outdoor Leadership Camp Itinerary

Program Type: Young Explorer

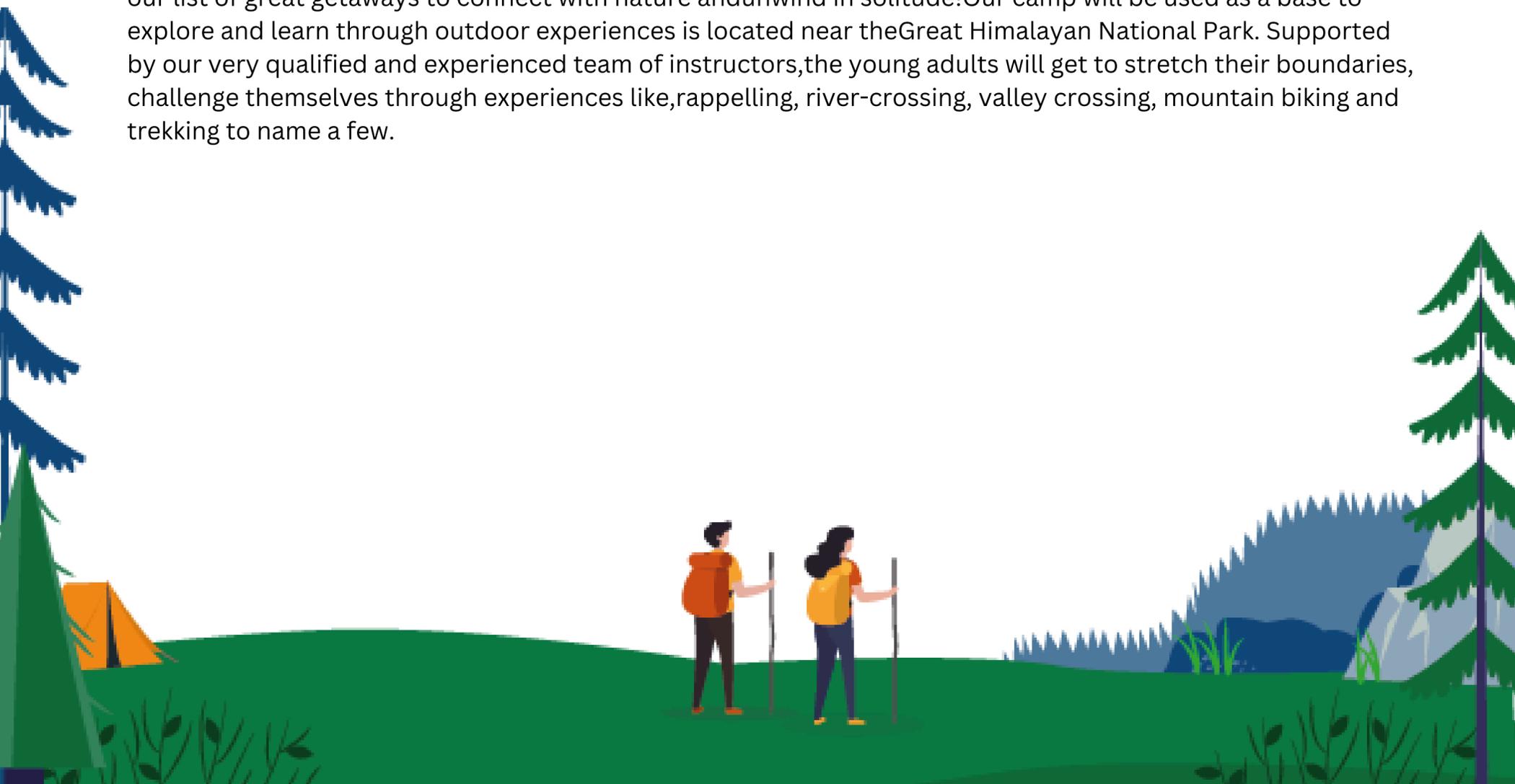
Intake: 15 Children per batch (max) Min intake – 8 participants

Age Group: Ages 10 to 16 years

Program Highlight: Activity centred - River Crossing/ Rock climbing/ Rappelling/ Night Trek beginner level

Skills Targeted: Resilience & Adaptability/ Independence and Nature Appreciation

Tirthan is an adventure-centric getaway blessed with a wealth of nature's treasures in Kullu, Himachal Pradesh. It derives its name from the Tirthan river, which winds its way through the valley. This tranquil valley is ideal for trekking, adventure, viewing wildlife, and discovering un-explored villages. Tirthan takes one of the top spots on our list of great getaways to connect with nature and unwind in solitude! Our camp will be used as a base to explore and learn through outdoor experiences is located near the Great Himalayan National Park. Supported by our very qualified and experienced team of instructors, the young adults will get to stretch their boundaries, challenge themselves through experiences like, rappelling, river-crossing, valley crossing, mountain biking and trekking to name a few.



Program Itinerary

Day 0 – Arrive at Chandigarh and take a bus to Tirthan

Day 1 to Day 4 - Check and at camp

Day 5 to Day 11 (Check out from Camp) – Depart to Chandigarh

The days will be broadly divided into 3 sessions -

- Activity/Trek – The day's activity depending on the plan like the trek for the day, river crossing, rappelling, Valley crossing etc. The trek and advanced camp of 1 N will be at GHNP (Great Himalayan National Park) subject to forest permits.
- Post lunch Outdoor/ Situational Activities – The structured curriculum of putting children through various situations and studying their response, various team building activities, survival activities of basic knots, map reading, Nature treasure hunts, yoga etc. will be covered in this session.
- Evening Reflection Sessions - In an easy setting, children will reflect on the day's activities and engage with other participants through sharing and discussions around a campfire.



Program fees include

- Cost of program including facilitation, pre/post engagement
- Travel (from Chandigarh & back to Chandigarh). Travel to Chandigarh is not included.
- Food & Stay for the program duration (Days 1 – 5 in the itinerary)

Program fees do not include

- Travel to & from home location to Chandigarh
- Any personal expenditure like food, shopping etc. done other than offered during the camp by us

