



## OPEN SKIEZ OUTDOOR LEADERSHIP PROGRAM – Uttarkashi



### Uttarkashi Outdoor Leadership Camp Itinerary

**Program Type:** Young Explorer

**Intake:** 15 Children per batch (max) Min intake – 8 participants

**Age Group:** 10 to 16 years

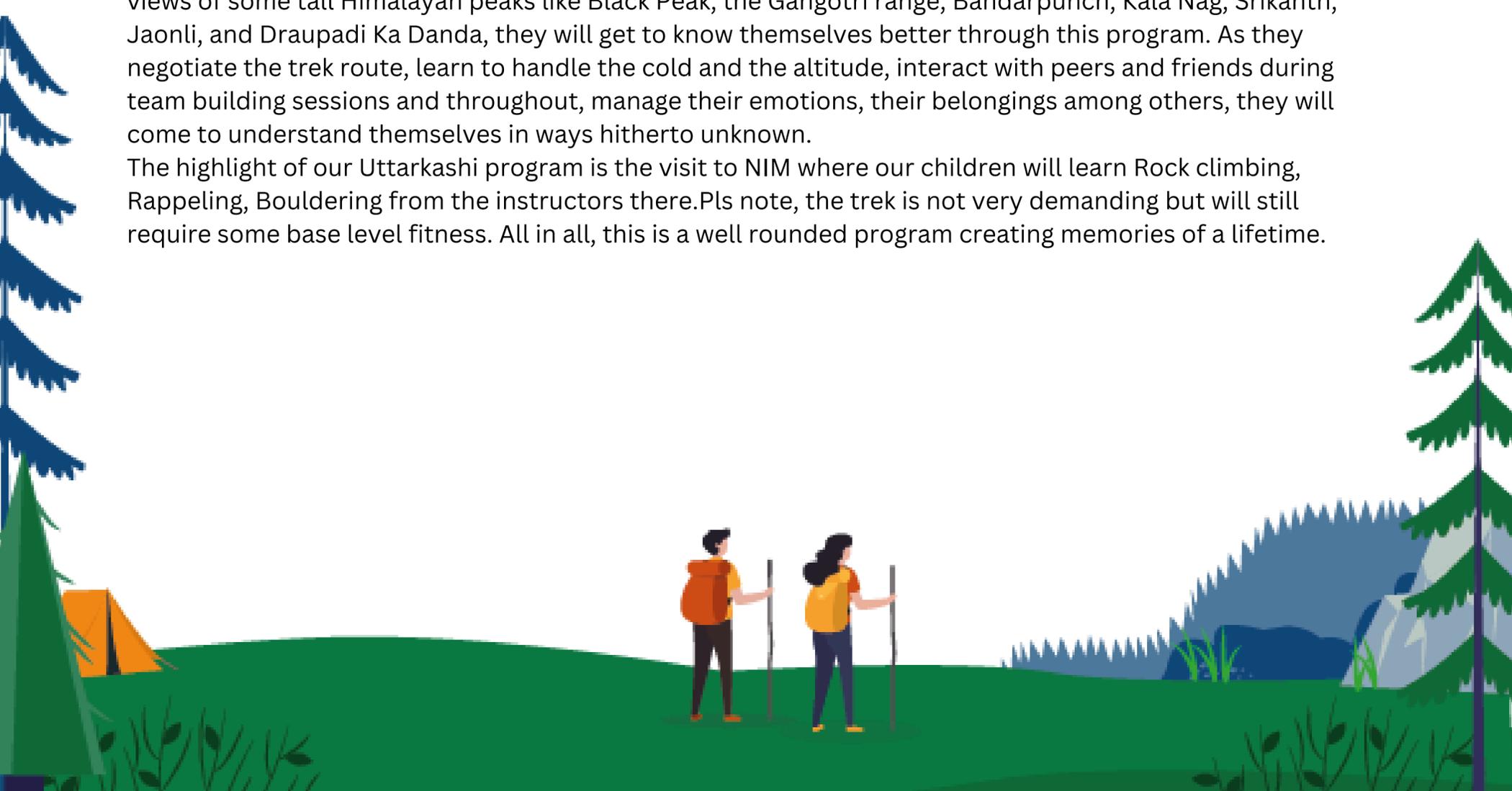
**Program Highlight:** Himalayan Trek complete with an unmatched camping experience  
Visit and activities at Nehru Institute of Mountaineering

**Skills Targeted:** Resilience & Adaptability/ Independence and Nature Appreciation

Uttarkashi is the mecca of yoga and is the base for many exciting treks in the Himalayas.

The country's premier mountaineering institute **NIM** is also located in the beautiful pine forests of UK. Our children will not only experience a beautiful trek to the high altitude meadows of Dayara Bugyal with views of some tall Himalayan peaks like Black Peak, the Gangotri range, Bandarpunch, Kala Nag, Srikanth, Jaonli, and Draupadi Ka Danda, they will get to know themselves better through this program. As they negotiate the trek route, learn to handle the cold and the altitude, interact with peers and friends during team building sessions and throughout, manage their emotions, their belongings among others, they will come to understand themselves in ways hitherto unknown.

The highlight of our Uttarkashi program is the visit to NIM where our children will learn Rock climbing, Rappelling, Bouldering from the instructors there. Pls note, the trek is not very demanding but will still require some base level fitness. All in all, this is a well rounded program creating memories of a lifetime.



## Program Itinerary

Day1: Flight to Delhi and take train to Rishikesh

Day 2: Arrival at Rishikesh and take personal tempo traveller to Uttarkashi. Drive from Uttarkashi and further to Barsu ( 2340 mtr ), this is about 2 hrs ahead of Uttarkashi. Total drive from Dehradun/Rishikesh will be around 8 Hours. Overnight stay at hotel/Guest house at Barsu.

Day 3 to Day 5: Trek upto Dayara via Barnala and overnight at camp

Day 6 :Return to Uttarkashi and overnight at Uttarkashi

Day 7 : Trip to NIM and night train to Delhi

Day 8 : Flight to respective home cities



### Program fees include

- Cost of program including facilitation, pre/post engagement
- All travel and food expenses (from Delhi & back to Delhi).
- Food & Stay for the program duration (Days 1 – 5 in the itinerary) and ex-Delhi

### Program fees do not include

- Travel to & from home location to base location (Delhi in this case).
- Any personal expenditure like food, shopping etc. done other than offered during the camp by us

